**Curriculum Vitae**

**Carlos Arias, M.D., FAAPMR**



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**Education:**

Medical School:

M.D., New York Medical College, Valhalla, New York 2010 – 2014

Internship: Internal Medicine

Elmhurst Hospital Center, Elmhurst, NY 2014 – 2015

Residency: Physical Medicine & Rehabilitation

Metropolitan Hospital Center, New York, NY 2015 – 2018

**Board Certifications:**

* Diplomate, American Board of Physical Medicine and Rehabilitation 2019

**Medical Licensure:**

* Florida
* New York

**Professional background:**

2021 - Present: Rehabilitation and Electrodiagnostics, PA, Tampa, FL

(a group practice). A multi-physician practice in Tampa, Florida.

2018 – 2021: The Physical Medicine and Rehabilitation Center, PA, Englewood, NJ and Riverdale, NY

* + Physician, Outpatient Rehab Medicine

2018 – 2021: The Plaza Rehabilitation and Nursing Center, Bronx, NY

* + Physiatry Consultant for subacute and long term care patients
  + Pain Medicine Consultant for subacute and long term care patients

Current Hospital Affiliations:

2021 – Present: Encompass Health Rehabilitation of Largo, Largo, FL

2021 – Present: Encompass Health Rehabilitation of North Tampa, FL, Tampa, FL

2021 – Present: Tampa General Hospital, Tampa, Florida

2021 – Present: St Joseph’s Hospital, Tampa, Florida

2021 – Present: Advent Health Tampa (Previously known as Florida

Hospital and University Community Hospital) Tampa, Florida

2021 – Present: Brandon Regional Medical Center, Brandon, Florida

2021 – Present: Kindred Hospital Bay Area, Tampa, Florida

2021 – Present: Kindred Hospital Bay Area, St. Petersburg, Florida

Research:

* **Student Researcher, Immunology,** Stony Brook University, New York

Sudied the NF-kB pathway and its activation and inhibition with respect to the murine heresvirus,

2009 – 2010

**Professional affiliations:**

* American Academy of Physical Medicine and Rehabilitation
* American Medical Association
* American Medical Association

Poster Presentation:

Islam, M., Arias, C., Burgos, Y., Patton, A. (February 19, 2016). *A Rare Case of Akinetic Mutism and its Rehabilitation Outcome* Poster presented at the 2016 AAP Annual Meeting, Sacramento, CA

**Teaching/Lectures:**

Arias, C., M.D., *Grand Rounds Presentation: Spinal Cord Injury and its Complications,* Metropolitan Hospital*,* New York, NY(2015)

Arias, C., M.D., *Grand Rounds Presentation: Connective Tissue Disorders.* Westchester Medical Center, Valhalla, NY(2015)

Arias, C., M.D., *Grand Rounds Presentation: Fundamentals of Electrodiagnostic Studies,* Metropolitan Hospital,New York, NY(2016)

Arias, C., M.D., *Grand Rounds Presentation: Amyotrophic Lateral Sclerosis,* Metropolitan Hospital*,* New York, NY *(*2016)

Arias, C., M.D., *Lecture Presentation: TBI Pharmacology,* Bellevue Hospital, New York, NY (2016)

Arias, C., M.D., *Lecture Didactic: Developmental Milestones,* Blythedale Children’s Hospital, Valhalla, NY (2017)

Arias, C., M.D., *Medicine Grand Rounds: Musculoskeletal Medicine of the Shoulder for the Medical Resident,* Metropolitan Hospital, New York, NY (2017)

Arias, C., M.D., *Lecture and Case Presentation: POEMS Syndrome,* Lincoln Hospital, Bronx, NY (2017)

Arias, C., M.D., *Grand Rounds Presentation: Anatomy of the Upper Extremity (Disorders, Ultrasound, Treatments),* Metropolitan Hospital, New York, NY (2019)

**Volunteer Work:**

* 2010-2010, New York Medical College: Student-run Clinic providing free clinical services and health education for chronic medical issues affecting the community.

**Languages:**

Fluent: Spanish and English